

FRIDAY ROUND UP

Friday 6th September 2024

Welcome to our Round Up of news and information for the week

Welcome Back

This week it has been great to welcome all our pupils back to school. Over lunch this week I have heard about many adventures both at home and abroad that our children have enjoyed this summer. Walking around the school I am struck by the calm and purposeful atmosphere in every classroom.

I hope that you all had a good break. Earlier this week, you will have received a hard copy of the class newsletter and curriculum plans from your child's teacher. I hope that you find them useful. There is lots of exciting learning to look forward to over the year.

Prayers for the Year Ahead

On the eve of the return to school we were joined by Rev Guinness, clergy, staff and worshippers from our Parish church for a prayer walk around the school. During the walk prayers of blessing and thanks were said for the whole school community. This is the second year that we have done this and it is a very special way to start the school year. I know that many in our church and school community pray regularly for us and I am extremely grateful.

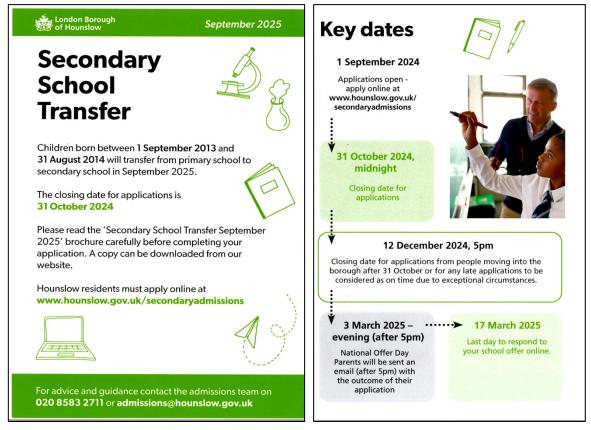
This year, we hope to re-form our parent prayer group. Please look out for further information in future Friday Roundups.

Homework

Homework across the school will be issued on a **Friday** and should be returned to school on the following **Tuesday**. Homework will be issued in a named purple plastic folder – please ensure that your child completes and returns their homework. From Year 1 to Year 6, homework includes weekly **spelling** homework and test to be completed in the special spelling homework book, a **maths** task and regular **reading**. We ask parents to comment and sign the red reading record at least once a week. Each piece of homework is important and should be completed every week.

Secondary School Admissions – September 2024

Parents with pupils in Year 6 will need to complete an application for a high school place by the end of October this year. I shall forward a copy of the September 2025 LBH Admissions Booklet by email to parents of pupils in Year 6. Basic details can be found below.



We shall be holding an information meeting for parents of pupils in Year 6 (and Year 5) at **2:30pm on Monday 23rd September 2024 on the St Paul's Site**. You do not need to book, just come to the school office. During the meeting we shall give details about the admissions process. Many of the secondary schools have open evenings in September and October. These evenings are helpful in finding the right school for your child. Check the school websites for details of upcoming open evenings and events for Year 7 admission.

New Uniform Sales

The pre-ordered uniform has been distributed this week. We shall open the uniform ordering and purchase facility on ParentPay on Monday 23rd September. Uniform ordered through ParentPay is sent home with your child once it has been received in school from our supplier. Please remember that the old logo uniform is still valid and there is no need to replace it until your child grows out of it.

Extra-Curricular After School Clubs & Peripatetic Instrument Lessons

Most of our clubs are now full and all peripatetic instrument spaces have been filled. We have some places remaining in the chess club (Y3-6) and Streetdance (Y3-6). If your child would like to join one of these clubs, please sign up on ParentPay. Parents whose children are enrolled into peripatetic instrument lessons have received further information from the school office this week.

All extra-curricular clubs and peripatetic instrument lessons will start in the week beginning 16th September.

School Website & Facebook

The school's <u>website</u> is full of information about the curriculum, news and a downloadable calendar of school events. Do check it regularly. You can also join the <u>school's Facebook</u> <u>account</u> where we share school news throughout the year.

Term Dates 2024-25

I attach to this Round Up a copy of the school's term dates as well as the events diary for the year. These can also be found on the school's website in the calendar section.

Menu

Next week's lunch menu is below:

WEEK 2	Beef & Onion Pie 1	BBQ Pulled Pork Loaded Wedges	Roast Chicken & Gravy	Macaroni Carbonara 1,7	Fish Fingers 1,8
	Pesto Pasta Bake 1,7 v	Herby Tomato Penne Pasta 1 ve	BBQ Vegetable Burrito 1 vs	Vegetable Hot Pot ve	Cheese & Spinach Pinwheel 1,7 v
22ND APR 20th May 24th June 22Nd July 9th Sept 7th Oct	Jackets with a Choice of Toppings 7.8.9 New Potatoes Seasonal Vegetables Ice Cream 7 Mr Nourish Biscuit 1 vs Fruit Pots vs	Jackets with a Choice of Toppings 7.8.9 Sweetcorn, Courgettes Chocolate Pudding 1.9 & Chocolate Sauce 7 Mr Nourish Biscuit 1 ve Fruit Pots ve	Jackets with a Choice of Toppings 7.8,9 Rustic Roast Potatoes Cabbage, Carrots Fruit Jelly v6 Mr Nourish Biscuit 1 v6 Yoghurt 3.7 Fruit Pots v6	Jackets with a Choice of Toppings 78.9 Carrots, Green Beans Garlic Bread 1.3.7.9 Peach Sponge 1.9 Mr Nourish Biscuit 1 ve Yoghurt 3.7 Fruit Pots ve	Jackets with a Choice of Toppings 78.9 Chips, Peas Baked Beans, Coleslaw 9 Ginger Biscuit 1 ve Yoghurt 3.7 Fruit Pots ve

EXTERNAL PARTNERS

Autumn Events at Boston Manor Park

September

Monthly Bird Walk and Survey, Saturday 7 September, 08.30-10am, meet on the lake platform. Take a leisurely walk around the park to record numbers and species of birds in the park. No experience necessary but bring binoculars if you have them.

Good roots run deep.

Fitness Fun with Jenny, EVERY Tuesday 11-11.45am: low impact outdoors exercise class for adults of all ages and fitness levels. The class is generally in the walled garden, with an indoor option available if necessary. Meet outside Hub. £3 per participant in cash.

Trinjan Indian Dancing Tuesdays (3rd, 10th,17th and 24th September), Hub, 2-3pm: Trinjan is a Women's social and community group based in Hounslow. It was founded in 2004 to empower women. They provide health, fitness and wellbeing activities. Weekly activities will include keep fit dance including Bhangra, Dandiya and chair dance. FREE and for female adults only.

Laughter Sessions with Jess Pickering, Wed 4th and 11th September, Hub, 10.30-11.30: Come along to try out Laughter Yoga and experience the benefits of laughter for body and mind. FREE and for adults only.

Iyengar Yoga with Kasia, Wednesdays (4th,11th,18th and 25th September), Hub, 2-3pm: come and enjoy yoga in the Hub every Wednesday afternoon in September. £5 per class. Bring a mat. Booking via Eventbrite.

Big River Watch Survey, Thurs 12 Sept, 12–12.30, meet outside Hub. Join Vanessa on a short walk down to and along the river to survey river health and species as part of the Big River Watch run by The Rivers Trust.

Ealing BEAT art trail, Sat 15/Sun 16 and Sat 21/Sun 22 September, 11-6pm, workshop/service yard: come and see local art exhibited in our areas that are normally 'off limits'!

Evening Bat Walk, Saturday 21 Sep, 7pm: come and spot our resident bats using bat detectors after a brief introduction to bats! Meet by picnic tables by lake. FREE.

Feral Voices singing experience workshop with Elena Harris, Sunday 22 September, 10-2pm: exclusive and one-off opportunity to harmonise and have a mindful, sonic experience through the power of unified voices. Expect simple songs with 3 or 4 part harmonies and rounds, with a nature-based theme. All songs will be taught acapella and there is no sheet music. No singing experience or skill necessary. Adults and older teenagers welcome. Booking via Eventbrite. £20 per person.

October

Monthly Bird Walk and Survey, Saturday 5 October, 08.30-10am, meet on the lake platform. Take a leisurely walk around the park to record numbers and species of birds in the park. No experience necessary but bring binoculars if you have them.

Fitness Fun with Jenny, EVERY Tuesday 11-11.45am: low impact outdoors exercise class for adults of all ages and fitness levels. The class is generally in the walled garden, with an indoor option available if necessary. Meet outside Hub. £3 per participant in cash. **Dog walkers event with Dog Trainer** Charlotte Kasner from R+Dog Training Sat 5 October,

1-3.30pm: Experienced trainer and behaviourist Charlotte will be running this event including a 1.5hr workshop (Rock your Recall) exclusively for BMP dog walkers. See www.DogsNet.org/Events for information. Places for Recall training (£10 per dog with one accompanying adult) are limited and cost is heavily subsidised. Booking via Eventbrite. Additionally, official veterinarian for DEFRA, Dr Peter Higgins will be on hand to offer free medical advice to ANY dog owners in the park on the day 1-3pm, no pre booking necessary: just drop by and chat to Peter outside walled garden.

Toddler Woodland Adventure Club, Wednesdays 2nd, 9th, 16th and 23rd October 10.30am-11.45am: Bring your pre-schooler to explore the Park habitats and wildlife with Tash. Sheltered/indoor spaces available and activities will take place both inside and outside. Meet by Hub. £5 per child over 2yrs (accompanying younger siblings are free) for each of 4 sessions. Limited numbers. Booking via Eventbrite).

FREE Forest Bathing sessions with Elizabeth Howard, Thursdays 24 Oct, 21 Nov, 19 Dec, 23 Jan and 27 Feb 10:00 to 12:00pm: A trainee Forest Bathing practitioner will be offering 5 x 2hr monthly sessions from October 2024 in BMP. Places limited. If you are interested in attending one or two sessions please see Facebook event for details and email Elizabeth directly for joining instructions before attending a session elahoward@hotmail.co.uk

Help Hounslow Hedgehogs with Ealing Hedgehog Friends Sat 19th October, 2-3.30pm: Come and find out about our BMP hedgehogs, how they are being cared for, and what we're doing to help them thrive. Local hedgehog rescue group EHF will take you to see a hedgehog nest, hibernaculum and purpose-built enclosures to provide sanctuaries for hedgehogs. Information, park exploration and related crafts available. All ages welcome. FREE. (Meet promptly by Hub at 2pm).

Halloween Holiday Club with Tash and Hounslow's Arts Centre- Wed 30 and Thurs 31 Oct(6-13 yr olds) 10-2pm: Our October Half Term 2024 Holiday Club will provide 4 varied hours of mindful, outdoor, nature related fun with a slightly spooky performance arts twist! Children will enjoy learning about nature, doing outdoor craft activities (with indoor option) and honing their performance skills for effective trick or treating! ⁶⁹ Tickets £25 per child per day. Booking via Eventbrite. Numbers limited.

NEW BMP Nature Trails launch Tuesday 29th Oct, 2-3pm: we have created two NEW trails for BMP visitors to enjoy- one is an audio trail and the other a paper based Wildlife Trail: come on a guided tour or pick up copies to do it with your families! Meet by Hub. FREE.

Contact:

To contact the school, please send an email to <u>office@stpauls.hounslow.sch.uk</u> To contact the Chair of Governors: <u>chair@stpauls.hounslow.sch.uk</u>

Good roots run deep.

Parent Governors:

Suzanne Forbes: <u>sforbes9.313@lgflmail.org</u> Tommy Norton: <u>tnorton12.313@lgflmail.org</u>